· 돒鵚쎝냄 ·

饢黨쌃냙꾿뛗뎯곔릵돕싅죓돋딂싙黟솽냿싙릵돕쇞쏜돒鵚钬鰭

马雪涛 吴振起 高文锋 吴雅冰 刘丽 郭盈 李琰峰

【잰쒯】 뛄鶲 钬鰭饢黨쌃냙꾿뛗뎯곔릵돕싅꾿뛗죓돋딂싙黟솽냿싙릵돕쇞쏜侔CNP儥鵚돒鵚돋슬。黨黧 뀼 128 댂 CNP 귁쟤뷫귿黨삯麂잕짮연钬鰭짮鏘뙡짮 64 댂。麂잕짮鯧었샼쓂鱠ᄆ黨黧죓돋鏘钬鰭짮웟鱠ᄆ샼쓂죓돋귾鴣믔께었饢黨쌃냙꾿뛗연릵돕싅꾿뛗。钬鰭뎮짮귁쟤죓돋곸돒鵚돋슬、딂싙릵돕쇞쏜좧징긂黨侔IIH – CPSI儥죕쓂책곷꺵뻠뾹룅黨鷓맮뇻。뀚가 钬鰭짮죓돋곸짡엕슬듏삯 95.31% 鏘麂잕짮삯 82.81% 鏘뙡짮魈꿔鯽쓱엕뾸껋썴쓧쓪侔 < 0.05儥 뎮귁쟤죓돋곸钬鰭짮 NIH – CPSI 룅黨、죕쓂책곷룅黨、뻠뾹룅黨뗄쇙엊엟麂잕짮鏘뙡짮魈꿔鯽쓱엕뾸껋썴쓧쓪侔 < 0.05鏘 < 0.01儥 뀚든 웟샼쓂죓돋귾鴣믔鏘ㅖ었饢黨쌃냙꾿뛗꺵릵돕싅꾿뛗뇎쓙쇙죽뻦齠돒鵚죓돋엕슬싙錯뾱벶껺맦귁쟤鶲뻠뾹衄볡鏘忧黨뻪쇚돐죕샼쓂죓돋鶲엊웂싙。

【氤꼁鴿】 딂싙黟솽냿싙릵돕쇞쏜灴饢黨쌃냙꾿뛗灴릵돕싅꾿뛗

【죕뾷黨닥곊】R697⁺.33 【색쇜魔벻듰】A 【DOI】10.13935/j.cnki.sjzx.141023

Observation of Clinical Efficacy on Chronic Nonbacterial Prostatitis Treated with Fufang Xuanju Jiaonang and Qianliexin Jiaonang

MA Xue – tao錯VU Zhen – qi錯AO Wen – feng錯VU Ya – bing錯IU Li錯UO Ying錯I Yan – feng

侔ongzhimen Hospital Affiliated to Beijing University of Traditional Chinese Medicine錯eijing 100700儥

【**Abstract**】 **Objective** To observe the clinical efficacy on chronic nonbacterial prostatitis侔CNP儥 treated with combined medication of fufang xuanju jiaonang and qianliexin jiaonang. **Methods** One hundred and twenty – eight CNP patients were randomized into a control group and an observation group錯4 cases in each one. In the control group錯he conventional therapeutic program of western medicine was applied. In the observation group錯n the basis of the conventional western medicine treatment錯ufang xuanju jiaonang and qianliexin jiaonang were supplemented. The clinical efficacy錯he national institutes of health chronic prostatitis symptom index侔NIH – CPSI儥錯M syndrome score and pain score were observed after treatment in the patients of the two groups. **Results** After treatment錯he total effective rate was 95.31% in the observation group and was 82.81% in the control group錯ndicating the significant difference侔ᵖ < 0.05儥 After treatment錯 NIH – CPSI score錯CM syndrome score and pain score in the observation group were apparently superior to the control group錯ndicating the significant difference侔ᵖ < 0.05錯ᵖ < 0.01儥 **Conclusion** On the basic treatment of western medicine錯ufang xuanju jiaonang and qianliexin jiaonang significantly improve the clinical effectiveness and alleviate pains of patients. The combined therapy adequately displays the advantages of integrated Chinese and western medicine in the treatment.

【**Key words**】 Chronic Nonbacterial Prostatitis灴ufang Xuanju Jiaonang灴ianliexin Jiaonang

딂싙黟솽냿싙릵돕쇞쏜侔Chronic nonbacterial prostatitis錯NP儥볌鰰뛯뛕싙麋꼀鶲릵돕쇞꺷鮭좳쐴錯鼡鮭쏟삹뗄錯鑒鴣쟴麃주쒯쒍뇄좧징꺵연룩븀꺷鮭꼁魑鍊鍋。麂 CNP 鶲죓돋鵑웟꿔鵑鶲뛕鹿錯鱠ᄆ鶲뇊믿뷝꺵 α – 볡뻪짭죒껆鷓샼쓂죓돋뷩뇎몦鶲쐴鶴돋슬鑞鵚볌鵑鯢黨귁쟤뫔삯슬가鯠쇙죽맗룵슬꿔딂錯뢯麝齋믋룩믿귲죏도。샼쓂죓돋뎯곔죕쒮죓돋錯鵚鯠뽁鶲죓돋귿죋鮭黎짳鵑鱷鹿鶲궿뀟귁쟤鶲鯠볏좧징。魅색주쒯黨샼饢黨쌃냙꾿뛗뎯곔릵돕싅꾿뛗죓돋 CNP 鶲돒鵚돋슬錯뙡鬻鷓뫬쇇。

짏돔연黨麝

쐴、돒鵚짏돔

1. 쐴髡짏돔滝012 퀳 9 웆 ~2013 퀳 9 웆볚죓 CNP 귁쟤 128 댂鑌었봂짛魕麝뷫귿黨삯麂잕짮연钬鰭짮鏘뙡짮 64 댂。麂잕짮귁쟤퀳돩 27 ~64 뷩鏘뙰 냾侔2.08 ±7.31儥뙰灴駐鱷 1 ~7 퀳鏘뙰 냾侔.17 ±

짼쟤蔫삯滹쵸낮죕쓂쀐鵑쓌齏뵩鷓쬂뗊쓂읊鏘쵸낮 100700

뾭쎻짼쟤滹뉿双顯鑓mail滝endy786317@163.com

0.83儇뛫。铳鰭짮귁쟤뛫돩 25 ~ 63 뷯鏘뾼 냾佬1.35 ±7.62儇뾼灺鼏鱷 0.5 ~ 5 뛫鏘뾼 냾佬.37 ±0.64儇뛫。뎊짮귁쟤뛫돩、鼏鱷鷯쓀髡짏돔魈꿔鏘剌쓱샣뾸껋썴쓧쓪佬P > 0.05儇 鑗엕뇎魈싙。

2. 쟴鴕魔직滝蠢엕귁쟤 냾黷곔샼쒊《뛕뇋썴》CNP 쟴鴕魔직鍊鍋꺵《죕쒮싇쒮쎝냄돞鵚좽鱖욲웷》죕쒊뼫좩벯뫍鹼짭좩좧징魔직鍊鍋。귁쟤엕뗄쇙鶏뛷뢺、뛷꺶鷯鯠볏좧징鏘徲鮖릵돕쇞웻믿、믶낲욹싙髡澽、髡澽죜돻、쎜죝싥쎯席꺶鼏鷯鏘퇾싙릵돕쇞쏜좧징긂黨佬IIH – CPSI儇뢰쌄 8 죡≥4 黨。

3. 뛏뫰꺵럊鮖魔직滝贖곔샼쒊 CNP 쟴鴕魔직灴黷곔《죕쒮싇쒮돞鵚쎝냄좽鱖욲웷》죕쒊뼫좩벯뫍鹼짭좩귁쟤灴뛫돩 25 ~ 64 뷯쵋껩灴鼏鱷 0.5 ~ 7 뛫灴죓돋릵 2 죡뛟삹꿘볡뾱닥쒮샴죓돋。

麑、黛黫

1. 죓돋黛黫滝麂쟔짮귁쟤벾었鱠ᄆᆞ샼쒊죓돋鏘뇐닎뗶뷝꾿뛗佬싇젂쒮쒺꺴뾾鱔鶆齘싇죋쒮엕쇣袚뷃儥. 5 g鏘돻 1 鶟灴麌뮷퇷튿佬싇뫵죋쒮엕쇣袚뷃儥 mg鏘돻 1 鶟灴돮퇦뗶싆佬샴髒대냳낰궯쒮쒺엕쇣袚뷃儥00 mg鏘뇐齪鏘뾡뷂 1 鶟鏘죓뎯쒮샴죓돋。铳鰭짮귁쟤웟麂쟔짮죓돋黫귾鴣뮷께었躟黛쌃냙꾿뛗꺵릵돕싆꾿뛗。躟黛쌃냙꾿뛗佬뾢맄쒮쒺엕쇣袚뷃儥 1.26 g鏘돻 3 鶟灴릵돕싆꾿뛗佬걼뛔곯껈뻈죋쒮엕쇣웰뫓袚뷃儥 g鏘돻 3 鶟。뎊짮귁쟤냾쑩 7 d 삯 1 齠돋鱷鏘뼔뎯싽铳鰭 4 齠돋鱷。

2. 铳鰭좽魔滝铳鰭뎊짮귁쟤죓돋곸돞鵚돋슬연 NIH – CPSI 룅黨、죕쒊좩곷룅黨、뻠뾹좽봂맮뇻。

3. 룅黨魔직滝NIH – CPSI 鯧었뗅ᅠᅠᅠᅠ뎧샅믿쎝냄욿鶟뎧鶒 NIH – CPSI 룅黨도魕꿽싕룅傀鍊鍋。뻠뾹룅黨鯧었뚨뛧볘냺뻠뾹룅黨佬VAS儇룅傀鍊鍋鏘黨좺鵚0 ~ 10 黨鏏鼃齠鶒魕뻠뾹鱷鹿읎쎜죋鏏 ~ 3 黨삯맦鹿뻠뾹鏏 ~ 7 黨삯죕鹿뻠뾹鏏 ~ 10 黨삯죋鹿뻠뾹。죕쒊좩곷룅黨魔직鯪쟔색쇜鍊鋼뛧鶴鏘주쒓좧징滝릵齋、귦쓺鯢쟒뾹鏘릵돕쇞쎆뾹鏘뵍꿢꿟鏘彡슦魑鱻뮱灴鶟쒓좧징滝쏢뛗鱢벯鏘릹였껺뿐鏘뵌슲鏘릹鷓뇟鷒高鏘돻껩黎뫍灴릵짔髶엕鯪靄鏏뇐샛뮱。주좧몰鯢냤魁鏏鶟좧냤魁 3 쇳鏘돻믥、듻쇸黷곔꺹뇎魑좩。

4. 돋슬럕鶴魔직滝鯪쟔《릵돕쇞쏜》鍊鋼죕鶒魔직꿽싕鏘돻엿滝IIH – CPSI 룅黨껺믞 100% 鏘돻징숀벬錯릵돕쇞쒿髙솽髽젂鱠灴좽 슬滝NIH – CPSI 껺믞 > 50% 鏘돋鵚좧징곈즯鏘릵돕쇞쒿髙솽髽쇗꾹 > 50% 灴엕슬滝IIH – CPSI 껺믞 25% ~ 50% 쵋껩鏘돋鵚좧징곈즯鏘릵돕쇞쒿髙솽髽쇗꾹 25% ~ 50% 灴좽 슬滝NIH – CPSI 껺믞 < 25% 鏘릵돕쇞쒿髙솽髽쇗꾹 < 25%。짮엕슬듏 = 佬옇엿 + 쇙슬 + 엕슬儥짮댂봂 × 100%。

묂、뾸껋쎬詹닯

鯧었 SPSS18.0 뫴껋麂믔볻봂냢꿽싕뾸껋쎬黨샻鏘돻도짏돔었냾봂 ± 魔직鰰佬 ± *s* 儥幾볃鏘鯧었 *t* 껱쑺귱黛鰰黨샻鏘돻봂짏돔었쾳봂佬儥돻듏佬% 儥幾볃錯鯧었 χ^2 껱쑺。

뀄　가

1. 돞鵚돋슬滝릵재죓돋뀄볽곸鏘铳鰭짮짮엕슬듏삯 95.31% 鏘麂쟔짮삯 82.81% 鏘돿짮퇘꿔鰰쓱엕뾸껋쎬쓧쑺佬P < 0.05儇 鞴뗄죓돋짮돋슬뗄쇙엊엟麂쟔짮。뀄가껈魕 1。

魕 1　뎊짮귁쟤죓돋곸돞鵚돋슬퇘꿔鍊댂佬%儥 鍋

짮　魑	댂봂	죓엿	쇙슬	엕슬	쇙슬	짮엕슬듏
麂쟔짮	64	10佬5.63儥	20佬1.25儥	23佬5.94儥	11佬7.19儥	53佬2.81儥
铳鰭짮	64	17佬6.56儥	25佬9.06儥	19佬9.68儥	3佬.69儥	61佬5.31儥

릇滝연麂쟔짮퇘꿔錯*P* < 0.05

2. 뎊짮귁쟤죓돋릵곸 NIH – CPSI 연죕쒊좩곷룅黨퇘꿔滝죓돋릵鏘돿짮귁쟤 NIH – CPSI、죕쒊좩곷룅黨퇘꿔鏘剌쓱샣뾸껋썴쓧쑺佬P > 0.05儥 蝩짮귁쟤죓돋곸연魆짮죓돋릵퇘꿔錯IIH – CPSI、죕쒊좩곷룅黨냾뗄쇙꾸鷑鏘剌쓱엕뾸껋썴쓧쑺佬P < 0.05儥 쵗돋곸鏘돿짮귁쟤 NIH – CPSI、죕쒊좩곷룅黨퇘꿔鏘죓돋짮냾뗄쇙鷑엟麂쟔짮佬P < 0.05儥 뀄가껈魕 2。

魕 2　뎊짮귁쟤죓돋릵곸 NIH – CPSI 연죕쒊좩곷룅黨퇘꿔佬黨錯 ± *s*儥

짮　魑	NIH – CPSI 룅黨		죕쒊좩곷룅黨	
	죓돋릵	죓돋곸	죓돋릵	죓돋곸
麂쟔짮	24.37 ± 5.72	10.36 ± 5.28[a]	60.02 ± 8.01	45.45 ± 7.24[a]
铳鰭짮	24.48 ± 5.65	7.42 ± 5.23[ab]	59.35 ± 7.75	39.14 ± 6.54[ab]

릇滝연魆짮죓돋릵퇘꿔錯*P* < 0.05灴연 麂쟔짮죓돋곸퇘꿔錯*P* < 0.05

3. 뎊짮귁쟤죓돋곸뻠뾹맮뇻퇘꿔滝돿짮귁쟤죓돋곸铳鰭짮뢼냾뻠뾹룅黨삯佬.21 ± 0.64儥黨鏘麂쟔짮삯佬.39 ± 1.03儥黨鏘돿짮퇘꿔鰰쓱엕뾸껋썴쓧쑺佬P < 0.05儥 铳鰭짮죓돋곸뻠뾹鱷鹿맮뇻뗄쇙엊엟麂쟔짮佬P < 0.05儥 뀄가껈魕 3。

魕 3　뎊짮귁쟤죓돋곸뻠뾹鱷鹿퇘꿔鍊댂佬%儥 鍋

짮　魑	댂봂	쎜죝뻠뾹	죕鹿뻠뾹	맦鹿뻠뾹
麂쟔짮	64	9佬4.06儥	17佬6.56儥	38佬9.38儥
铳鰭짮	64	4佬.25儥	9佬4.06儥	51佬9.69儥

릇滝연麂쟔짮퇘꿔錯*P* < 0.05

뻛　든

릵돕쇞쏜볌뛄릵돞鵚鰼뛯뛕짘鶒鱠껈꺶鮭鏘鵚웁 50% 째엗鶒뛕싙웟쓀믿죕웽낲뼑鰲릵돕쇞쏜鶒

늬뫊。웟릵돕쇂쏜鶒黨닥죕鐺NP 볌죝쒯맗뻝볧鶒쓀닥鐺黧鯷듏쟁 90% 쓙믔鐺주쒯뼸쇚삯稱럭맽뻠뾹、럊뛷쓱鱠鷓鍊鍋。CNP 鶒黎鯷귿죋삹뗄鐺鼎龐쒷몶黏뇒铃좽魔鐺龔쓅뇄돞鵘좧징꺵연룩븀꺷鯷꿽싕껽魑麎쟴龐鐺鼰쒷齡齋鯷鶒곸룟냤뻪죓돋鵚늹늬뛖。麂엟 CNP 鶒鱠ᄆᆞ죓돋삯웟꾦뇀꽅엦鶒귾鴣믔鐘에었뇚믿뷝、α－볡뻪짭죒껆、좷샴죋껆곒黟NEW뻪뇚쏜쟷뾹쒮鷓鐺롞麂좧징鶒궿꿧냤엕鮢뾱鱷鹿鶒짼었。麎젂뫬쒻업顯鷓鍊鍋웟쎝냄죕뷾볻鐺鱠ᄆᆞ鶒샼쓂죓돋黛黫돋鱷꿔鱠鐺鼬귁재鶒좧징齋믋鱷鹿엕쇣鐺뱷黫엕슬뻦齘귁재鶒믿귲죏도鐺鷙鶼벾었鵀돋黫돞鵚쓧쓫鮢鵖。

짫ᄠᆞ죕쓂뫔삯鐺NP 볹죕쓂쎬鶒“닒돸”“낰짌”“髙쓾”鷓黕鮅鐵웟믻싮鐺鼇삯벯뫍鐵驃웟쎯餯。좩곷주쒯뼸쇚삯齒믻쐕싮鐵롷뫍쇇즧鐺롱죒쎯餯鐺뱏웷齒벬볭슲鐺롱귿옕죒。齒믻쐕싮뼸쇚삯쐁솪뷦뫲、삼겳좰닩鐵롷뫍쇇즧뼸쇚삯뛷곸鷒뎩鮢낦、뛷鶊鷒髙、뛷뢺、뛷꺷、뛷뾹鷓鐺롱죒쎯餯뼸쇚쐁슠、齕죡、쇇齋鮵鷓뻠뾹鮢볏。죒돋鷂鯞쓪齒믻、맪뫍대벯、귲쎯궴餯鍊㑊。饢黛쌃냙꾿뛷엎쌃냙、쓾쏷탂、믤鵚짘、原凚짘짮鰼鐺쌃냙냤엕鯞믻즸쐕、癒餯뾭듬、黀젂瞕魆좳鷒슬灴쏷탂、믤鵚짘상鯞믻쐕灴原凚짘鯞믻뻳낰。麋쒮럩샮뇎룵鬚鯞믻즸쐕、鮖벯癒餯鶒슬가鍊鍋。웟咬껑놲鷓鍊㑊鶒鬻鶞죕鱮鐺黛쌃냙꾿뛷鹿엟齋믋 CNP 귁재鶒좧징냤엕뎉곈鶒짼었。릵돕싅꾿뛷엎蠱뭏、곱궭、鶾鯪、웸닁鷓짮鰼鐺蠱뭏숀죜좿뾹灴鶾鯪、곱궭귲쎯궴餯灴웸닁뾭돡숀죜。웟쀲웈냉鷓鍊㑊鶒쎝냄鬻齟죕鱮鐳돕싅꾿뛷뇎벾귁재鶒뻠뾹氬볭鵖黷껺맦。껽엟饢黛쌃냙꾿뛷꺵릵돕싅꾿뛷웟죓돋 CNP 죕鶒엕슬싙鐺돯뎊재鹿좧징鶒齋믋鮵죝鷛鯞뾱鐺롞곡곈鶒궩鯞짼었鐺쏟鵀꾰鵀뎊죛죕鰼쒮샴뎯었鐺쓗룟짳鵖鱷鹿鶒齋믋귁재좧징鐺뻦鮵룩믿귲죏도。

魆쎝냄뫸뗄鐺豕鰭짮귁재鶒죓돋짡엕슬듏삯 95.31% 鐺뗶뗄냅鵖鮵黨귁재鶒좧징鶒鬕齋믋鐺돯쟸쓀봂죖鵖黷鮅엟鵘鶀벾었샼쓂죓돋鶒鹿쟔짮귁재。鷹 NIH－CPSI 룅黨、죕쓂책곷룅黨钬鰭짮쒷齡쇙죽鵱엟鹿쟔짮。CNP 귁재鶒鯯볏꺵뾹뇥氬鵖鮵黨늹짙엟냬돗鶒뻠뾹鐺쏟鵀웟鹿귁재鶒죓돋죕鐺뗌氤즸룩뻠뾹齋믋맮뇻鐺뻜가쇙볃鐺豕鰭짮귁재鶒룄냾뻠뾹룅黨꿔鹿쟔짮뗄쇙쭁꾱鱵룅鹿맮뇻鐺鼰鶒쓂쟔짮